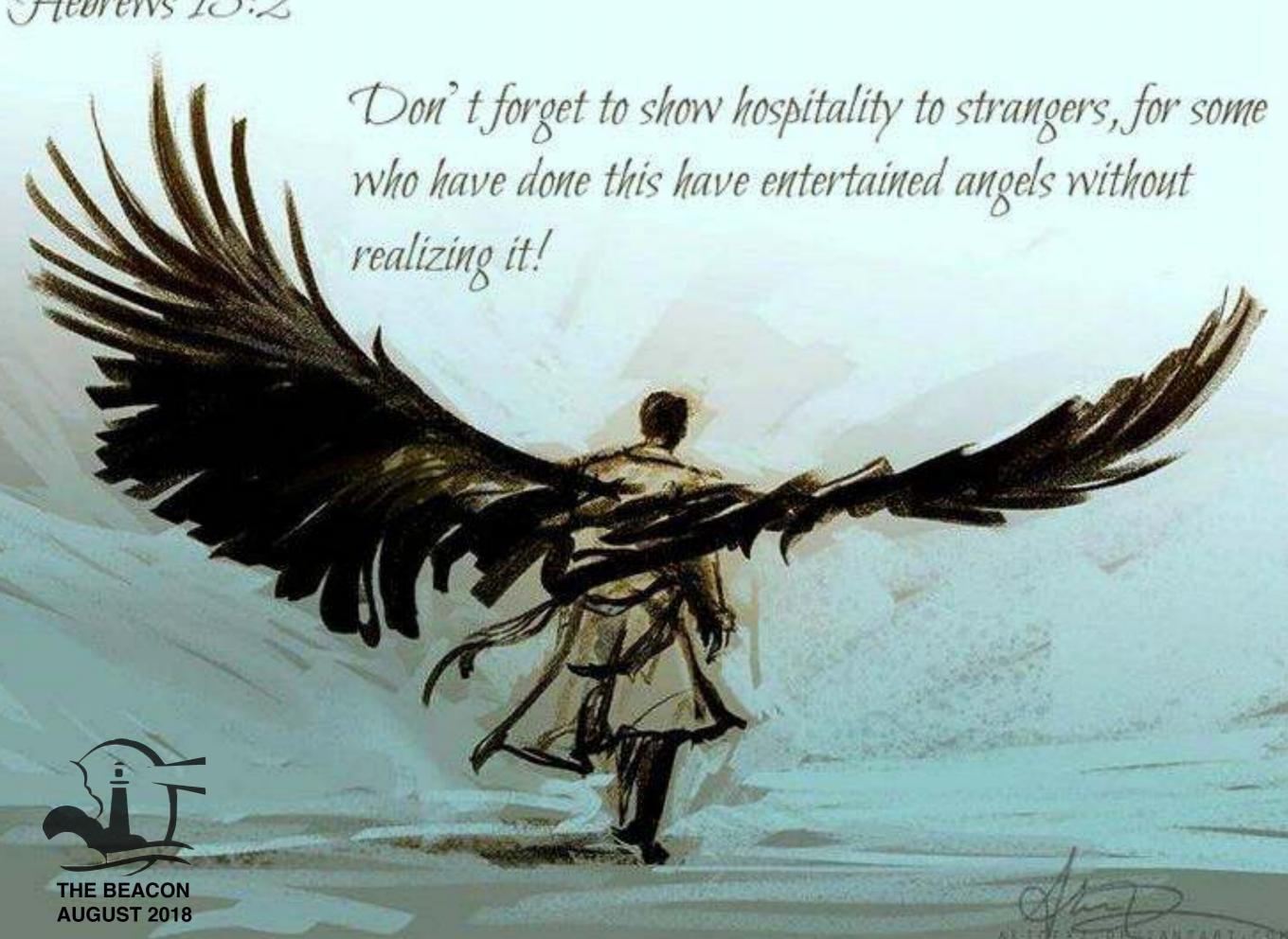
Hebrews 13:2





### Hebrews 13:2 (NRSV)

2 Do not neglect to show hospitality to strangers, for by doing that some have entertained angels without knowing it.

In the letter to the Hebrews, we read that we are to show hospitality to strangers. This is addressed to the Church, so I think that it's always good to think about how we are doing with our hospitality .. What does it include? Friendliness, welcoming, helpfulness, talking with visitors, finding ways to communicate with love and kindness with each other, developing a healthy atmosphere of care and concern with people enter the doors for any event we have.

When Dave and I arrived here at First UMC, we were strangers in your midst, and we felt welcome. Of course, my presence as your pastor made it fairly obvious, so we can think about all the ways we welcome someone who isn't so obvious. We can always improve on what we have.

Sometimes, it means almost going down a sort of check list in our minds: "Does the person look confused?" "Are they sitting alone?" "Do they know where the restrooms are?" "What can I do to help them feel comfortable?" "How could I answer their questions if they have any?" "Have they been especially invited to stay for fellowship, and if they stay, do they stand around alone or is someone talking with them?"

These are things that we may be doing, but being diligent about welcoming folks is part of hospitality. What if they ARE angels in disguise?

Maybe we ALL are!

God bless you! Rev. Deb

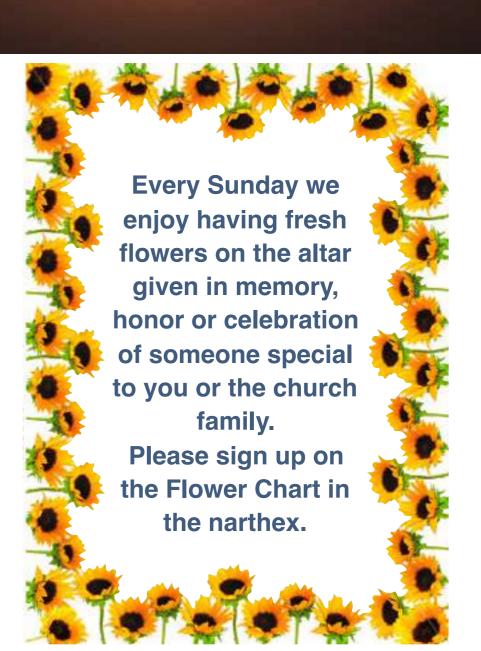


Trudy Parkhurst Barbara Millar Cynthia Drake Al Jentimane Barbara Glidden Marion Collishaw Richard and Peggy Mullikin Sue Goodhue Kim Hishop Sylvia Bartlett Brian Thompson Our church family Those in rehab and care facilities

## August Celebrations

- 1 Glenn Meadows
- 8 Anne Coffey **John Pettigrew**
- 12 Art Munson Roy Velez
- 13 Pastor Sue Ellery **Andrew Laux**
- 15 Brianna Guilford
- 18 Priscilla Zoffoli
- 20 Jesse Bennett Sam Bovee **Austin Kirk**
- 24 Will Crisp

- 25 Bevan Bloemendaal
- 26 Sarah Reed
- 27 Jan Cansdale
- 9 Melissa Snodgrass 28 Russell Bunting, Jr **TJ Scott** 
  - 29 Steve Bakula
  - 30 Frances Snook
  - 31 Sue Allen
    - 1 Jim & Barbara Slater
    - 2 Bill & Connie Parsons
    - 7 David & Sue Richards
    - 9 Joseph & Kim Philbrick
  - 13 Gil & Marilyn Stebbins
  - 16 Steve & Janice Bakula
  - 20 Charlie & Barbara Felton
  - 31 Russell & Anita Bunting **Glenn & Linda Meadows**





#### Let us know...

if your contact information has changed in the last year. Please email or drop by the office with new listings, changes, updates or additions.

No changes? Make sure your information is current and correct in our files. Stop by on a Sunday morning and talk to PaulaJ!

call 436-6038

email office@fumcportsouth.net





Planet Rangers and GAPP GIRLS for helping keep our meeting rooms and church clean!
You extra effort is much appreciated!
Thank you, First UMC





## keen on adventure

In August, Planet Rangers hold two weeks of culinary camp where kids get to go into the kitchens of fantastic local restaurants and then recreate what they learn at a finale at the end of the week. The final week of the summer is Mission Incredible with a superhero theme and lots of great learning opportunities for kids to strengthen mind, body and spirit.

Each camp ends with a finale and all church members are warmly invited to attend:

World's Best Chefs: Friday, August 3 and Friday, August 10 12:45-2:00

Mission Incredible: Thursday, August 23 1:15-2:15

Thank you so much for your support!

~John and Susan



http://planetrangers.org/



### Puerto Rico

relief efforts continue through the generosity of your donations of spare change every Sunday morning!



The main focus of **GAPP GIRLS (Girls About Personal Power)** is to promote positive growth and development for adolescent girls.

There's no question that true beauty comes from what's on the INSIDE, but let's face it, when you are a tween & teenage girl, there is so much emphasis and pressure on what you look like on the OUTSIDE.

Our goal at GAPP GIRLS is to deal with BOTH the inside and outside issues. Now more than ever is the time to help equip adolescent girls with the skills they need to overcome challenges, gain self-esteem, develop their talents, set goals for their lives, put forth their personal best and empower them with a sense of control over their minds and bodies at at time when things can often seem "out of control."

During this one week Summer "Beauty Inside & Out" Camp girls will participate in many workshops such as:

- \* Create your own story What's your life all about?
- \* Dealing with Peer Pressure
- \* Learning to Like yourself, flaws and all
- \* Making positive choices -
- \* Being a good friend in order to have good friends.
- \* Healthy Nutrition and why it matters to the inside and out
- \* All the benefits of being active
- \* Family and School Pressure -Why does everyone expect SO much from me?
- \* Why being Humble is an important trait to have.
- \* Respect and Etiquette Everyone should have it.
- \* Social Media Responsibility If you post it, it's there forever

We promise by developing confidence and boosting self-esteem will allow the important journey from adolescence to young womanhood a little less bumpy~ We've learned a thing or two about it.

G oal Setting for Your Future
I magine Your Potential
R efuse Peer Pressure
L ove Yourself and Others
P ositive Attitude
O opportunities are Endless
W elcome New Challenges
E xercise, Body, Mind & Spirit
R adiate in Your Own Sunshine

We welcome GAPP GIRLS to our church for their summer program. To see the enthusiasm, energy and kindness of these young woman certainly can assure us the future is in good hands. Watching them transform from quiet, tentative girls to confident, active individuals during the week is a delight to observe.



# Don't forget to check the bulletin board in Sanborn Hall!

All the current Church Council, Finance and Trustee meeting minutes are posted there.

Also find the latest news about church members and recent correspondence from our church family.

Looking for information? Something to do? You'll find that information on the board!

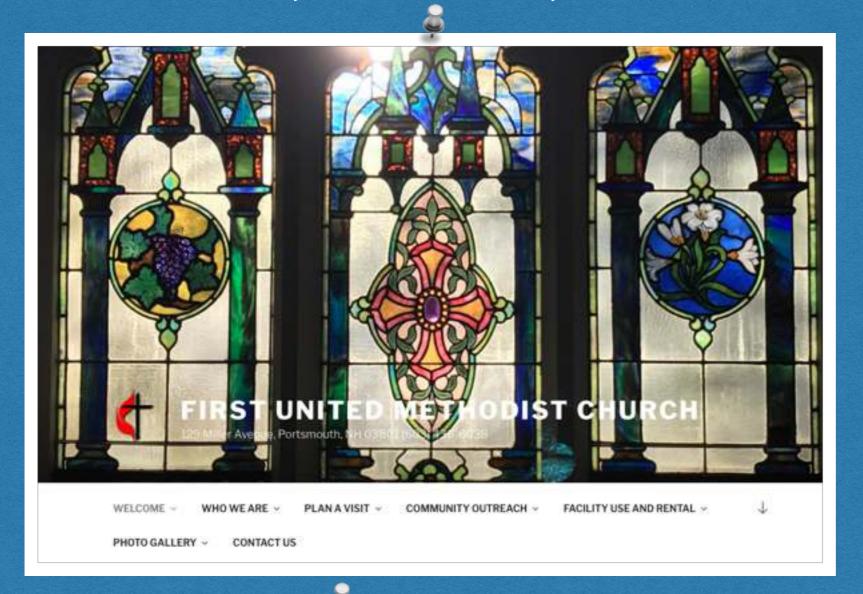


# AUGUST 2018



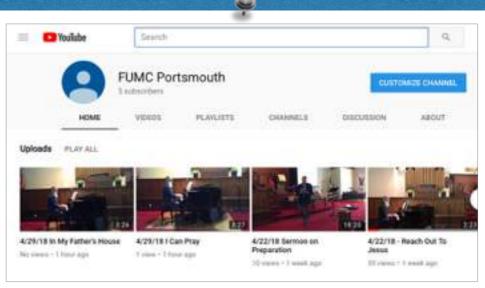
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1	2	3	4
			Planet Rangers			
				7:30 PM AA	8 PM AA	1:00 PM AA
5 10:00AM Worship 11:15 Coffee	6	7	8	9	10	11
			Planet Rangers			1:00 PM AA
	6:15 PM Finance 7:00 PM AA	7:00 PM NA		7:30 PM AA	8 PM AA	1.00 T WI AA
12 10:00AM Worship 11:15 Coffee	13	14	15	16	17	18
			GAPPPlanet F	Rangers		1:00 PM AA
	7:00 PM AA	7:00 PM NA		7:30 PM AA	8 PM AA	
19 10 AM Worship 11:15 Coffee	20	21	22	23	24	25
			Planet Rangers			1:00 PM AA
	7:00 PM AA	6:15 PM Council 7:00 PM NA		7:30 PM AA	8 PM AA	
<b>26</b> 10 AM Worship 11:15 Coffee	27	28	29	30	31	
		5:15 PM Trustees				
	7:00 PM AA	7:00 PM NA		7:30 PM AA	8 PM AA	

# CONNECT WITH US ON ALL OUR CHANNELS... WEBSITE, FACEBOOK, INSTAGRAM & YOUTUBE











## **Backpack Ministry/End 68 Hours of Hunger Update**

This program continues to thrive and our 6<sup>th</sup> school year is now on the backstretch and we are already starting to think about next school year and what we can do to make the program even more successful and give it even more outreach into the community. My co-coordinator has been meeting with school officials to determine what could be improved or changed in order to get more children/parents to take advantage of the program and they came up with some good ideas we are going to implement for next school year.

We are currently serving 67 children total from all 6 Portsmouth schools. We continue to get amazing support from other churches and our community volunteers. I get emails from folks regularly asking how they can get involved and volunteer. God is good!

If you would like to get involved in this ministry or learn more about it, please contact me directly at <u>jen\_b76@yahoo.com</u> or 603-801-3886.

Blessings,

Jen Berry, Backpack Ministry Coordinator

#### **Seacoast Family Promise**

SFP is going stronger than ever. We currently have (4) families in the program – 3 of which are new from our last rotation, which means families once again have transitioned successfully from this program into stable housing. If you would like to volunteer, we have opportunities available to help with prepping the Sunday school rooms for family arrival, cleaning them up when it's over the next week, dinner crew for Friday night and we could always use new overnight volunteers. Many of the current volunteers in this program have been doing it all 12 years, so some fresh volunteers would be appreciated. This program definitely changes lives forever and I am proud that our church is a part of it, along with 20+ other congregations in the Seacoast NH area. If you think you might like to help and experience the joy of changing people's lives, please contact

Jen Berry, Coordinator

Contact information: jen\_b76@yahoo.com or 603-801-3886.

## **FUMC Portsmouth a Reconciling Congregation**

We, the congregation of the First United Methodist Church of Portsmouth, New Hampshire, are dedicated to worshiping, learning, and serving with all people as we embrace Jesus Christ's message of love and acceptance. As a United Methodist Church we stand fully behind the statement "Open Hearts, Open Minds, and Open Doors" We celebrate our diversity and invite all persons regardless of age, gender, racial or ethnic background, sexual orientation, marital or socioeconomic status, nationality, physical or mental ability into full membership and participation in the life of this community of faith.