




***THE
POWER OF
MUSIC***



April 11, 2021



Welcome everyone to the First United Methodist Church Portsmouth, NH virtual worship service for April 11th. My name is Bevan Bloemendaal and Rev. Deb is on vacation this week. We have just journeyed through the 40 days of Lent, the triumphal entrance into Jerusalem on Palm Sunday the dark period of Holy Week and the amazing news that the Tomb is Empty and Jesus is Risen Alleluia right!

I wanted to have a conversation with you about music and how it plays an important role in our lives...a simple melody can help us relax, concentrate or get pumped for a work out and if a song makes you happy it's because it's affecting our brain chemistry.

So why do you we find music so enjoyable? Researchers tell us that dopamine releases during moments of enjoyment while listening to music... it's what gives us "the chills" or the "raised hair on your arm". Music has a measurable significant effect on human beings influencing the way we dance, exercise, think, and formulates moments of memories.

How has music or a song affected your life?...Today's virtual worship service is asking that question to some folks you will recognize telling us a story about a song that has made an impact in their life. Enjoy!



THANK YOU to PennySue Orr, Nicole Richards, Steve Scott, Art Munson and the VanReenen grandkids Nora, Dominic and Maria for sharing their music story with us today.



WE LIFT UP IN PRAYER

Juliann	Harry Junkins
Joan Allen	Marilyn & Gil
Jenn	Michael Harrist
Naomi	Sophia
Erin Frane	Barbara Glidden
Madeline	Bobbie Noble
Charles Gilman	Dan Strange
Barbara Clement	Danny Westbrook

The Family of Jen Patria
Christine & her parents
Jen - Stebbins daughter-in-law
Those in nursing and assisted living care
Front line workers
Our Denomination
Our Country
Our Church family
Those who have lost loved ones to COVID



WHO WE ARE

FUMC PORTSMOUTH A RECONCILING CONGREGATION

We, the congregation of the First United Methodist Church of Portsmouth, New Hampshire, are dedicated in worshipping, learning, and serving with all people as we embrace Jesus Christ's message of love and acceptance. As a United Methodist Church we stand fully behind the statement "Open Hearts, Open Minds, and Open Doors". We celebrate our diversity and invite all persons regardless of age, gender, racial or ethnic background, sexual orientation, marital or socioeconomic status, nationality, physical or mental ability into full membership and participation in the life of this community of faith.



One way to make a donation to FUMC is to point your phone camera on QR code and it will guide you through the process... thanks for making a difference.



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